

The Tarot session is a powerful tool for gaining insight into yourself and your life. Tarot cards give a snapshot of what your life looks like at the time of the reading. The cards tune into your energy - the person asking the question - to give an idea of where you are now, where you've come from, where you want to be and how to get there. It also gives an in-depth insight into unseen influences, patterns of behaviour, obstacles and strengths that may be impacting your life.

The purpose of this session is to know what you can change or do more of, to promote your best interests, growth and development.

At no point are we going to be predicting your future. The future is not a static or unchangeable thing. You make choices and decisions each moment of your life, whether or not you are conscious of them. The gift of free will allows each person the ability to create the future he or she wants.

While interpreting the outcome card, it should be understood to be a *projected or likely result* that may occur only if you follow the path that leads to it. Quite obvious, right? If you want to get from point A to point B then you will have to follow the directions to get there (detours are allowed) or you will continue to be where you are or reach elsewhere. Similarly, if you walk out of the session and do nothing different, nothing will happen and your life will go on as usual. But change just one factor, adjust just one viewpoint, walk down a different path, and the outcome and your future can change. And you don't have to worry about how you're going to do it. This is something that I will facilitate and guide you through, in our weekly sessions.

The Tarot helps you to take responsibility for the life you have created. And it is great, for only you have the power to modify or alter what you have created. This sets you up nicely to make real and lasting changes in your life and find fulfilment.

To summarise, the Tarot session will help you become aware of the hidden factors of a problem and ideas about how to deal with your dilemma. You can find answers to deeper questions that you weren't even aware you wanted the answers to. You can also receive spiritual guidance that will help you on your chosen path. The cards tune into the whole of your life, revealing important steps you can take to achieve your goals. Of course, you must be willing to take those steps!